

COVID-19 is reminding us all of our vulnerability

COVID-19 2nd Wave

With the deep concern of COVID-19 still with us in 2021, no-one can say their life is 'normal'. It has caught everyone off guard, serving as a stark reminder that not everything is under our control. Many are taking the opportunity to ensure their personal financial and legal affairs are in order – are yours?

How to improve your financial fitness and write a Will



STEP 1

If you have an existing Will, set time aside to review it, make any necessary changes and re-sign it.



STEP 2

If you do not have a will visit www.legal-aid.co.za and click the self-help tab for step-by-step instructions on how to draft an on-line Will.



STEP 3

On the same site you will be able to get advice on all legal matters that may be concerning you. This could include loan agreements, ante-nuptial contracts and lease/sale contracts.



STEP 4

Contact the **National Debt Helpline** to speak to an advisor about your current financial concerns, outstanding debt, inflation and interest.



STEP 5

Plan ahead. Speak to a qualified financial advisor about budgeting, savings, retirement and how to achieve your financial goals going forward. You can access an advisor through your bank.

Don't have sleepless nights - consult the experts, it may not be as complicated as you think.

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For legal advice log onto www.legal-aid.co.za
To get debt advice contact Debt Rescue South Africa: www.debtrescue.co.za
or The National Debt Helpline South Africa – **087 822 1249**

www.momentumwellness.co.za

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